

# HEARTS ON FIRE

**Episcopal Women's  
Ministries  
Fall Retreat**



**September 27-29, 2019  
At the Waycross  
Conference Center**

**Co-creating with God**

**Through windows, doors and portals**

Share creative and spiritual experiences and fellowship time with other women from around the diocese. This year's retreat will be co-led by the Rev. Lauren Grubaugh, Curate at Christ Church Cathedral, Indianapolis and the Rev. Dr. Nancy Woodworth-Hill at St. Paul's Episcopal Church, Jeffersonville. Lauren and Nancy both bring a wealth of gifts and experience, and they are passionate about better understanding our spiritual selves to better engage in the world according to our baptismal call.



*The Reverend  
Lauren Grubaugh*

Originally from California, Christ Church is Reverend Grubaugh's first call as a member of the clergy. She holds a Master of Divinity from Fuller Theological Seminary and a Certificate of Anglican Studies from Virginia Theological Seminary. Lauren has had a lifelong love affair with language learning and intercultural bridge-building. She majored in Spanish at UCLA and spent a year of her undergraduate education in Granada, Spain, where she became an avid salsa dancer. Dance continues to be among Lauren's most vital spiritual practices, and when she's not at church, you can usually find her dancing.



*The Rev. Dr. Nancy  
Woodworth-Hill*

The Rev. Dr. Nancy Woodworth-Hill is the Rector of St. Paul's Episcopal Church in Jeffersonville, IN, sharing the Co-Pastor position with her husband Don. She grew up in Buffalo, NY. She is a weaver, spinner, knitter and quilter. She also creatively works with parish members to plan liturgy which connects the scriptures with people's lives. In education she works to help people connect with one another and with the teachings of their faith. She facilitates experiences that help us as Christians. Prior to her ordination as a priest Nancy had been a lay professional in the church since 1984 working in music, liturgy, Christian formation and education. Her passion is making connections, untangling and reweaving. She does this with fibers and fabrics as well as in the church connecting us to Christ our source of love and light and grace. Nancy and her husband have two adult sons.



Join your sisters-in-faith in beautiful Brown County Indiana for this fall respite and community time. There will be ample free time to explore the Waycross properties, rest and socialize.

Yoga devotions will also be presented again this year. Sharon McGuire, RYT-200, completed her yoga teacher training with Nourishing Heart Yoga in Bloomington. Combining gentle yoga and meditation, Sharon creates a loving, compassionate environment that encourages students to accept who they are and find inner peace.



Registration Information

The "Early Bird Special" registration fee is \$170 per person for programs, meals, and lodging for two nights. (Lodging is double occupancy.)

Some parishes provide partial scholarships to attend the retreat. If you need financial assistance, please discuss with you rector.

**The Early Bird Special Registration Deadline is August 26, 2019. After August 26 the cost is \$210.**

**Commuters' registration fees are**  
Daily rate—\$50 until August 26  
After August 26 the fee is \$60.

**No reservations will be accepted or refunds given after September 19, 2019.**

**To register/pay for the retreat** with a CREDIT CARD, use this link: <https://bit.ly/2NsxN6Y>

**To register/pay** by CHECK, complete the registration form on this page. You will receive an email confirmation of your registration. Register soon—space is limited.

Questions: Erinna Vandever at the diocesan office, vandever@indydio.org, 317-926-5454 OR Amy Paget, pagets@gmail.com, 765-430-9047.

Please bring to the retreat:

- Trail-walking shoes, (A guided tour is available)
- Prayer Book
- Shampoo, shower cap, hair dryer, ear plugs, flashlight, and other personal items
- Yoga mat and cushion, as needed
- Please bring a favorite snack and your own wine to share. A modest amount including a full range of beverages will be provided by the Women's Council.

Registration Form 2019

Name

Badge Name

Address

City

State

Zip Code

Phone

E-Mail

Parish—City

**I wish to share a room with** (If you do not specify a roommate, you will be paired with someone.)

**Special Needs:**

Room:\_\_\_ Accessible (I need to be on the first floor.)

Dietary:

\_\_\_Vegetarian, \_\_\_Vegan, \_\_\_Gluten Free

Please specify other\_\_\_\_\_

**A CHECK MUST ACCOMPANY YOUR REGISTRATION.**

Make checks payable to Episcopal Diocese of Indianapolis

**Detach and mail to :**

Episcopal Women's Fall Retreat  
Episcopal Diocese of Indianapolis  
1100 W 42nd Street #235  
Indianapolis, IN 46208

